

Chlorhexidine (CHG)

Shower Instructions



1. Wet body, then turn off water to apply CHG
2. Put CHG on mesh sponge and rub well to lather
3. **Avoid getting CHG in eyes and ear canal.** If this happens, rinse well with water.
4. Be sure to clean all areas of the body
 - **FIRMLY MASSAGE** soapy sponge over skin
 - **Clean**
 1. Arms & legs
 2. Chest & back
 3. Abdomen
 4. Hip & groin, then genitals and buttocks last

Don't forget to clean face (avoid eyes and ear canal), neck, and between fingers and toes
5. **Before rinsing, reapply CHG a SECOND TIME to all skin areas with FIRM MASSAGE**
6. For the best effect, please keep your body out of water while applying CHG (**at least 2 minutes**)
7. Other soap, lotions, and creams can stop CHG from working. Do not use these products for 12 hours after CHG is used unless prescribed by your doctor.